

AUGUST 2026

Sheldon R-8 Schools



Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

24

25

26

27

28

31

Breakfast

Mini Donuts

Lunch

Cheeseburger
Baked Beans
French Fries

Breakfast

Sausage & Cheese
English Muffin

Lunch

Ham & Hot Roll
Au Gratin Potatoes
Green Beans

Breakfast

Biscuits & Gravy

Lunch

Pizza
Tossed Salad



Cereal will be available daily as a second option for breakfast. Each meal is also served with a fruit and milk and juice will be served with breakfast.

This institution is an equal opportunity provider.

SEPTEMBER 2026

Sheldon R-8 Schools

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Cheese Omelet

1

Lunch

Orange Chicken
Rice & Egg Roll
Oriental Veggies

Breakfast

Waffles & Syrup
Sausage Patty

2

Lunch

Corn Dogs
Macaroni & Cheese
Carrots

Breakfast

Chicken Biscuit

3

Lunch

Chicken Patty
Mashed Potatoes
Green Beans

Breakfast

Biscuits & Gravy

4

Lunch

Bosco Stick
Marinara Sauce
Tossed Salad

Breakfast

Cinni Minis

7

Lunch

Chicken Club Sandwich
Baked Chips
Fresh Carrots

Breakfast

Bacon Scramble Pizza

8

Lunch

Beef Nachos
Lettuce & Tomatoes
Refried Beans

Breakfast

Pancakes & Syrup
Sausage Patty

9

Lunch

Popcorn Chicken
Mashed Potatoes
Corn

Breakfast

Ham & Egg
English Muffin

10

Lunch

Spaghetti & Meat Sauce
Garlic Breadstick
Green Beans

Breakfast

Biscuits & Gravy

11

Lunch

Cheese Pizza Ripper
Marinara Sauce
Tossed Salad

Breakfast

Mini Bagels

14

Lunch

BBQ Rib Sandwich
Baked Beans
Potato Wedges

Breakfast

Breakfast Burrito

15

Lunch

Cashew Chicken
Rice & Egg Roll
Oriental Veggies

Breakfast

French Toast Sticks

16

Lunch

Chicken Sandwich
Lettuce & Tomato
Sweet Potato Fries

Breakfast

Sausage & Egg
Croissant

17

Lunch

Meatloaf & Hot Roll
Au Gratin Potatoes
Green Beans

Breakfast

Biscuits & Gravy

18

Lunch

Ravioli
Garlic Breadstick
Tossed Salad

Breakfast

Mini Waffles

21

Lunch

Ham & Cheese Sandwich
Baked Chips
Fresh Carrots

Breakfast

Combo Bar
Toast

22

Lunch

Walking Taco
Lettuce & Tomato
Pinto Beans

Breakfast

Pancake & Sausage
On a Stick

23

Lunch

Chicken Fried Steak
Mashed Potatoes
Green Beans

Breakfast

Egg & Cheese
English Muffin

24

Lunch

Pancakes & Sausage
Scrambled Eggs
Hashbrown

Breakfast

Biscuits & Gravy

25

Lunch

Chicken Alfredo
Garlic Breadstick
Steamed Broccoli

Breakfast

Mini Pancakes

28

Lunch

Hot Dog
Baked Beans
Tater Tots

Breakfast

Sausage Breakfast
Pizza

29

Lunch

Sweet & Sour Chicken
Rice & Egg Roll
Oriental Veggies

Breakfast

Cinnamon Roll

30

Lunch

Fish Sticks
Macaroni & Cheese
Green Beans

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